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Introduction of A Simple Standard for Respectful Behavior in Our Diverse Communities

**What is Missing and Needed to Prevent
Crimes and Preventable Problems
in America's Diverse Communities**

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What is Missing and Needed to Prevent Crimes and Preventable Problems in America's Diverse Communities

Every 31 minutes, a murder occurs; every 5.7 minutes, one forcible rape occurs; every 1.2 minutes, a robbery occurs; every 14.4 seconds, a burglary occurs; every 26.4 seconds, a motor vehicle theft occurs; and every day, approximately 45 murders are committed in the U.S.

In addition to these examples of outright crimes just mentioned, consider this A-Z range of Social Problems:

Abuse (physical, sexual, emotional), **A**lcoholism, **A**rson, **A**ssault, **A**ggravated Battery,

Bullying and **B**ribery,

Cheating, 'Cutting' **C**yberbullying, **C**hild Pornography,

Domestic Violence, **D**rug-related crimes, **D**runk or **D**istracted **D**riving,

Embezzlement, **E**vasion of Paying Taxes,

Fires and **F**raud,

Gangs, **G**uns, and Excessive **G**ambling,

Harassment and **H**ate Crimes,

Identify Theft and **I**njustice,

Jealousy,

Kidnapping,

Lying,

Murders and **M**alpractice,

Negativity (*Criticism and Ridicule*),

Obesity,

Pedi file, **P**rostitution,

Quarreling,

Rape, **R**obbery, **R**acial crimes,

Sexually-transmitted Diseases, **S**moking and **S**hoplifting,

Truancy, **T**easing,

Uncivil disturbances,

Vandalism and **V**iolence,

Wiretapping,

'**X**'ploitation (Sexual Exploitation of Children) and '**X**'tortion (Extortion),

Youth-related Crimes including Underage Drinking, and

Zzzzs (Lack of sleep may cause deaths or injuries if driver falls asleep).

What is **the common denominator of all these crimes and health or socially-oriented problems? A self-based, unconscious or uncaring choice!** Despite the importance of our choices, from a statistical perspective, less than 5% of our choices are made consciously according to the American Psychological Association. This statistic is alarming and should be unacceptable given the impact our choices have on ourselves and others.

In addition to the costs to deal with the social and emotional damage of crimes, the cost of simply maintaining the prisons in American per year is approximately \$6.834 billion according to the U.S. Department of Justice, Office of the Inspector General, January, 2012. This estimation of total cost of all crimes, calculated by David Anderson, Adjunct Associate Professor of Economics at Davidson College, is approximately \$1.7 trillion.

It closely compares to the total expenditures on life insurance (\$1.68 trillion), the outstanding mortgage debt to commercial institutions (\$1.85 billion) and annual expenditures on health (\$1.03 billion)???



Drug Trafficking

The trafficking of drugs is the largest contributor to this cost. It accounts for about \$200 billion per year, total annual opportunity cost of crime to society is estimated to be \$130 billion, the 72,111 crime-related deaths cost society \$440 billion annually, 2.5 million injuries from drunk driving, arson, rape, robbery and assault cost \$135 billion a year and, last, \$603 billion for fraud, unpaid taxes and health insurance fraud..

And these estimated costs are for 1999 ... 13 years ago! And only for crimes. This does not include costs for other social and health problems such as alcoholism, obesity, traffic accidents of all kinds, and the most difficult type of cost to measure: the emotional damage to abused victims and the immeasurable price of the personal loss to families of murdered or harmed victims.

The common denominator in all these social problems and crimes is that they are the external results of someone's internal choice. For choices made that cause harm to others, three factors permeate every problem:

1. Lack of awareness of magnitude of impact of one's self-based, rationalized, many times unconscious choice.
2. Lack of a common way or standard that all can use to make respectful choices consciously.
3. Lack of unity and commitment to adhere to a standard for socially conscious a.k.a. respectful choices.

Providing a solution to these three components is what Local Choices for Global Respect is committed to doing.

There are many factors leading up to the moment a choice is made that will, by that choice made, cause either a positive helpful/harmless outcome or a negative, harmful outcome. This training categorizes those factors as supporting factors and focuses, primarily, on the factors surrounding the actual choice made that caused each of these crimes or 'preventable' social problems. *For clarification, the word 'preventable' is used in this report on socially harmful problems as those caused by people vs. harmful events caused by nature e.g. earthquakes, tornadoes, floods, storms, tsunamis, etc.*



Components of Choices Made that Cause Crimes or Preventable Problems in America	Proposed Solution to Prevent the Component stated to the left
<p>Events do not happen accidentally, but rather they are the external result of someone’s internal choice. <u>At the root of all ‘preventable’ problems is an unconscious or ‘uncaring’ (self-based) rationalized choice that causes harmful results.</u></p> <p>According to American Psychological Assn, less than 5% of choices are made consciously; meaning 95% of our choices are made unconsciously.</p>	<p>Because over 95% of our choices are made unconsciously, the first prong of this program provides a way for the attendees to learn how to be consciously aware of 95% of their significant and impactful choices.</p> <p>Thus, each attendee learns how to be aware of an upcoming choice that he can then consciously make or not make if it is at risk of possibly harming oneself or another person.</p>
<p>Because it is human nature to think of oneself - and only oneself - when making a choice or decision.</p> <p>fWithout a process to ‘think of others’, behavior is a ‘free for all’ and ‘at will’ ...meaning everyone does what he/she either should, hopefully, or wants to.</p>	<p>The program provided by Local Choices for Global Respect addresses this element by making it the first of three questions in this easy way to make choices.</p> <p>Then, it includes a second and third steps that are necessary for anyone to make a caring choice so the external outcome is not harmful to others</p>
<p>In many programs designed to teach others how to make the right kind of choices, one problem is the focus of the teacher is naturally on the students vs. the teacher modeling what he/she wants the students to learn e.g. honesty, kindness, etc.</p>	<p>In this program, the teacher is encouraged to include in his/her instruction to his/her students examples of his s/he is using this process to make his/her own choices to provide credibility and connection to his/her students. In essence, to model what is taught.</p>
<p>Currently, there is not a common, simple standardized method that all of us can use for responsible social behavior like there is a ‘standard’ for academic performance of A, B, C, D, and F or “the ‘standard’ of red, yellow, and green are used for motorists to drive in compliance with the rules of the road when passing through intersections.</p>	<p>This program provides an easy way <u>that can be used by anyone</u> to raise each person’s awareness of his/her choices and provides a way to make conscious, caring choices. <u>This easy-to-use process also serves as a standard for thoughtful choices.</u> <i>See Attachment A re the rationale behind the three simple steps that are linked to traffic lights.</i></p>
<p>Those who are teaching life skills to young children, teens, and other adults are basically kind-hearted individuals; however they are not united mentally across classrooms, schools, districts, organizations, communities, counties, and countries.</p>	<p>Therefore the final component of this program provides a way to do that by offering a way for people to unite mentally by their commitment to make ‘conscious, caring choices’ while each of us, continue living our own lives and jobs.</p>

Summary of Matrix

The components stated on the right side of the matrix above are the key components of the workshops and teleclasses provided by Local Choices for Global Respect. Other related info is provided on the next page.

Introduction of a Simple Standard for Respectful Behavior



This training, Traveling Through Life Successfully and Safely , includes:

1. Five steps to ‘picturize’ the situation when a person needs to make a choice.
2. Three types of choices and How to Detect Each of Them Quickly.
3. The all-important steps of actually making a wise and caring choice.
4. How to connect with one’s intuition and conscience when making a choice.
5. How to be one’s own ‘self-empowered personal protector’⁶
6. Seeing, pictorially, how helping others is beneficially rewarding to self.
7. The benefit of uniting with others who use this process across all ages and cultures in any community.

Each participant receives a) A personal compass, map, and driver’s license as reminders of the info taught.

Note: A separate course is available – if desired - on the nine steps of making ethical and sustainable decisions.

Goals of This Effort

1. Provide training to parents, educators, and teenagers in Southern California so anyone of any age, race, creed, or culture can use this easy-to-use process to make choices that are thoughtful, respectful, and, ‘do no harm.’
2. Educate and inspire citizens to get involved by being an informed, active, and engaged citizen who addresses injustice and protects people, animals, our environment, and the natural systems from which all life depends.
3. Invite people to be united mentally via this ‘ThinkOfAll CAREvolution’ (www.CAREvolution.org) which simply is a commitment to be respectful to others at home, work, and socially.

Benefits/Results of this Program

With the usage and infusion into our diverse communities of this easy-to-use, standardized way to make choices that can be used by literally everyone, the following benefits can be realized:

- Increased self-confidence and peace of mind that one has ‘done the right thing’.
- Reduced abuse and violence of every kind; less injustice or unkind behavior.
- Improved attitude about life, school, and work and better health and mental well-being.
- More respectful relationships at home, school, work, and in one’s neighborhood.
- Increased trust from one’s co-workers and colleagues.

Who Can Benefit from This Training?

- Leaders in business, government, and educational entities.
- Educators of any type – especially character education-related efforts - and Health-oriented Educators.
- Abuse and Violence Prevention Groups as well as Civil Justice Training Organizations.
- Parents and Adults, Teenager, and Young Children, and Preteens (ages 4-12)

Through What Methods is This Training Offered?

- Full-day seminar or two half-day workshops (conducted back-to-back days).
- Series of four 90-minute workshops conducted in four weeks (Recommended for maximum retention).
- Online teleclasses which usually consists of three or four teleclasses.
- Train-the-trainer instruction for large corporations, educational institutions, or government entities.

For Additional Information

If you would like more info re this training and the corresponding cost value of it, visit www.EthicalProsperity or contact Aneta ThinkOfAll via email at ‘AnetaThinkOfAllOnline@gmail.com’ or by phone at 949-378-4126.