Doing the best in school to graduate ...vs...doing drugs and dropping out of school. Coping with bullying and ridicule...or...being kind and helpful.

Teens make many choices every day, yet they don't have a way to do so easily.

Here's how you can help your teenagers learn how to make great choices and decisions!







Choosing good quality friends



Alcohol, drugs, sex and social "options" and invitations



Getting along with parents and siblings

Typically, teenagers-like anyone-make over 95% of their choices unconsciously and less than 5% consciously.

In this program, they learn how to be more conscious of their choices and decisions so that they can enjoy

Good Health and Education Confidence in One's Judgement Caring and Trustworthy Relationships Declining Health, Grades and Possibly Drop Out of School Lacking Confidence and Seeking Approval of Others Possible Insecurity, Isolation or Depression

## In our highly-interactive Success by C.H.O.I.C.E. workshops, teenagers learn how to:

- "Visualize" the situation when he or she needs to make a choice.
- Identify the three types of choices and a process to use to successfully navigate through these "invisible intersections".
- Look at all five areas of one's life and learn how to make wise choices in each area.
- Respond to every type of social situation and pro actively declare one's stand on specific issues.
- Unite with others to use this process across all ages, grades, creeds, and cultures in any school and/or community.

These workshops are the beginning of an ongoing process with a buddy system to provide support and accountability.

Teenagers: Call to learn how to enjoy the peace of mine you'll feel by Thinking Of All when you make a choice or decision. Parents: For a free consultation, call today to learn how to help your teenager make wise choices and decisions.

This program is available via sponsorships or donations through my non-profit organization, Local Choices for Global Respect.





Aneta ThinkOfAl